

PSHEE Policy (Senior School)

Aims

The overarching aim for PSHEE (Personal, Social, Health and Economics Education) is to provide pupils with:

- accurate and relevant knowledge;
- opportunities to turn that knowledge into personal understanding;
- opportunities to explore, clarify and, if necessary, challenge their own and others' values, attitudes and beliefs;
- rights and responsibilities;
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

The Citizenship programme aims to ensure that all pupils:

- acquire a sound knowledge and understanding of how the United Kingdom is governed, its political system and how citizens participate actively in its democratic systems of government;
- develop a knowledge and understanding of the role of law and the justice system in our society and how laws are shaped and enforced;
- become informed, critical, active citizens who have the confidence and conviction to work collaboratively;
- take action and try to make a difference in their communities and the wider world;
- are equipped with the skills to manage their money on a day-to-day basis, and plan for future financial needs.

Teaching Programme

PSHEE and Citizenship education is provided through discrete lessons called Personal Development, as well as through curriculum subjects, assemblies, class discussions and other events that enrich pupils' experiences.

Lessons are as follows:

Years 7-9: Two lessons of Personal Development every 2 weeks

Year 10: One Personal Development lesson a week, timetabled for half the academic year. This is followed by five lessons of Cookery/Finance/Mental Health and Digital Safety (this works on a rotation system within the year group).

Sixth Form: Sixth form pupils receive enrichment lessons within their timetable, alongside off-timetable guest speakers to reinforce what they learnt in Years 8, 9 and 10.



Personal Development lessons are organised in such a way that pupils are able to participate in discussions and provide opportunities for group work. This offers automatic differentiation, allowing for a range of attitudes to learning and abilities.

Teaching methods to facilitate this learning include quizzes and questionnaires, situation cards and scenarios, brainstorming and role play.

Teachers help pupils to assess and review their learning and teachers gather evidence about pupil progress and understanding through peer and whole group assessment.

Providing Advice and Support

The classroom is a public place and it may be inappropriate to talk about private concerns but some lessons, particularly those regarding Sex and Relationship Education (SRE), may raise issues where pupils need extra help and support. The School Nurse is available for confidential discussions and referrals can be made effectively to the Designated Safeguarding Lead if required.

External specialist speakers deliver further awareness of topics when required at appropriate times in the teaching of PSHEE.

Parents are made aware of the topics covered within their children's Personal Development lessons through Firefly. Parents have the right to request that their son/daughter be withdrawn from any aspects of the programme they are not comfortable with.

Principal Topic Areas

Personal Wellbeing. This includes education about drugs, sex and relationships at age-appropriate stages of the pupil's education. The content is based on the government's guidance on SRE new requirements, which came into force from September 2020. All of the statutory elements are covered, in age appropriate detail, through the Personal Development programme and other timetabled lessons such as RS and Science. Personal wellbeing helps young people embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Pupils will be able to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities.

Aspects of Citizenship are delivered through other Personal Development lessons as well as other curriculum subjects. Learning and undertaking activities in citizenship contributes to the achievement of all young people to become successful learners, confident individuals and responsible citizens. There are also weekly discussions through the weekly quiz during tutor time.



Promoting British Values. This is taught through Personal Development lessons, assemblies, tutor discussion activities, and within subjects such as humanities:

- **Democracy** – lessons allow pupils to understand the British democratic process and compare this to other methods of democracy and other non-democratic systems. Pupils will consider the role of democracy in holding leaders to account. Elections take place for key roles such as the School Council. From time to time, the School will hold mock elections.
- **Rule of Law** – Lessons consider the structure of the British judicial system. Debates will allow students to discuss the purpose of laws and compare UK laws with other countries on issues such as drugs and homophobia
- **Liberty and Respect** – Issues such as immigration, refugees, discrimination and freedom to hold other faiths and beliefs will all be covered, taking into account the local and national demographic.

Improving Financial Awareness. Pupils are taught the basics of the financial system, including the use of bank accounts, loans and mortgages.

Careers. Using KUDOS, pupils are encouraged from Year 7 to consider careers and career paths and the qualifications needed in a variety of careers. Aspects of careers are also covered in Personal Development lessons

Food Technology. Pupils in Year 10 are given the opportunity to make a variety of dishes, both savoury and sweet, linked to physical and mental wellbeing.

E-Safety. Lessons are given in the main principals of E-safety, following the programme of study devised by CEOP. Parents are also supported with information to help raise awareness of online issues outside of school.

The School is fully committed to ensuring that the application of this policy is non-discriminatory in line with the UK Equality Act (2010). Further details are available in the School's Equal Opportunity Policy document.

Reviewed by:	Mr Evans – Deputy Head (Pastoral)		
Date of last review:	April 2023	Date of next review:	April 2024

