

PSHEE Policy (Senior School)

Aims

The overarching aim for PSHEE (Personal, Social, Health and Economics Education) is to provide pupils with:

- accurate and relevant knowledge;
- opportunities to turn that knowledge into personal understanding;
- opportunities to explore, clarify and, if necessary, challenge their own and others' values, attitudes and beliefs;
- An understanding of rights and responsibilities;
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

The Citizenship programme aims to ensure that all pupils:

- acquire a sound knowledge and understanding of how the United Kingdom is governed, its political system and how citizens participate actively in its democratic systems of government;
- develop a knowledge and understanding of the role of law and the justice system in our society and how laws are shaped and enforced;
- become informed, critical, active citizens who have the confidence and conviction to work collaboratively;
- take action and try to make a difference in their communities and the wider world;
- are equipped with the skills to manage their money on a day-to-day basis, and plan for future financial needs.

Teaching Programme

PSHEE and Citizenship education is provided through discrete lessons called Personal Development, as well as through curriculum subjects, assemblies, class discussions and other events that enrich pupils' experiences. Wakefield Spectrum provides additional RSE (Relationships and Sex Education) to pupils in Year 7, 8, 9 and 10 to that covered in regular Personal Development lessons. Year 11 continue to cover PSHEE topics through the tutor programme.

Lessons are as follows:

Years 7-10: Two lessons of Personal Development every 2 weeks

Year 11: PSHEE is covered in morning registration allocated time

Sixth Form: Sixth form pupils cover the PSHEE curriculum during tutor time alongside off-timetable guest speakers to reinforce what they learnt in Years 7, 8, 9 and 10.



Personal Development lessons are organised in such a way that pupils are able to participate in discussions and provide opportunities for group work. This offers differentiation, allowing for a range of attitudes to learning and abilities.

Teaching methods to facilitate this learning include quizzes and questionnaires, situation cards and scenarios, brainstorming and role play.

Teachers assess work through questioning and marking. There are end of topic assessments throughout the year and these are reported to parents via end of year written reports.

Providing Advice and Support

The classroom is a public place and it may be inappropriate to talk about private concerns but some lessons, particularly those regarding Relationships and Sex Education (RSE), may raise issues where pupils need extra help and support. The School Nurse, SENDCO, or members of the pastoral team are available for discussions, and referrals can be made effectively to the Designated Safeguarding Lead if required. Teachers cannot promise total confidentiality if a safeguarding or child protection disclosure is made, and must follow the school's Child Protection and Safeguarding Policy.

External specialist speakers deliver further awareness of topics when required at appropriate times in the teaching of PSHEE.

Parents are made aware of the topics covered within their children's Personal Development lessons through Firefly. Parents have the right to request that their son/daughter be withdrawn from aspects of Sex Education but Relationships education remains compulsory (See RSE Policy).

Principal Topic Areas

Personal Wellbeing. This includes education about drugs, sex and relationships at age-appropriate stages of the pupil's education. The content is based on the government's guidance on RSE new requirements, which came into force from September 2026. All of the statutory elements are covered, in age-appropriate detail, through the Personal Development programme and other timetabled lessons such as RS and Science. Personal wellbeing helps young people embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Pupils will be able to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities.

Aspects of Citizenship are delivered through other Personal Development lessons as well as other curriculum subjects. Learning and undertaking activities in citizenship contributes to the achievement of all young people to become successful learners, confident individuals



and responsible citizens. There are also weekly discussions through the weekly quiz during tutor time.

Promoting British Values. This is taught through Personal Development lessons, assemblies, tutor discussion activities, and within subjects such as humanities:

- Democracy – lessons allow pupils to understand the British democratic process and compare this to other methods of democracy and other non-democratic systems. Pupils will consider the role of democracy in holding leaders to account. Elections take place for key roles such as the School Council. From time to time, the School will hold mock elections.
- Rule of Law – Lessons consider the structure of the British judicial system. Debates will allow students to discuss the purpose of laws and compare UK laws with other countries on issues such as drugs and homophobia
- Liberty and Respect – Issues such as immigration, refugees, discrimination and freedom to hold other faiths and beliefs will all be covered, taking into account the local and national demographic.

Improving Financial Awareness. Pupils are taught the basics of the financial system, including the use of bank accounts, loans and mortgages.

Careers. Using Unifrog, pupils are encouraged from Year 7 to consider careers and career paths and the qualifications needed in a variety of careers. Aspects of careers are also covered in Personal Development lessons

E-Safety. Lessons are given in the main principles of e-safety, following the programme of study devised by CEOP. Parents are also supported with information to help raise awareness of online issues outside of school.

The School is fully committed to ensuring that the application of this policy is non-discriminatory in line with the UK Equality Act (2010). Further details are available in the School's Equal Opportunity Policy document.

Reviewed by:	Mr Evans - Senior Deputy Head (Pastoral)		
Date of last review:	June 2026	Date of next review:	June 2027

